

Minutes

Present: Ronalie Abeyrante, Lynne Castro, Ixya Vega, Sabina Ndugauba, Kimberly Kelly
Not present: Margaret Karcher

HEALTH & WELLNESS COMMISSION January 11, 2022

7:00 pm

CALL TO ORDER-

- Called to order at 7:07 PM

APPROVE MINUTES:

December 9th, 2021 minutes0 Minutes approved by the group- moved to approve by Ixya Vega seconded by Kimberly Kelly

REPORT ON CITY COUNCIL DISCUSSIONS

- MHS is hosting a period product drive for health lockers at their school
 - Whenever things are happening like this in our city we want to make sure that we are promoting and uplifting it, especially if it is our younger people

COMMITTEE MEMBER REPORTS ON CURRENT EVENTS

- Covid is running rampant in our city. One of our new focuses will be
- Healthriht has COVID vaccines and other COVID healthcare materials for our houseless and low-income folks. Maybe we can partner with them for future COVID activities or other health activities

FOLLOW-UP ITEMS:

- Discussion of getting us steered into issues
- Conversations for different groups that have been impacted by COVID- Domestic violence is brought up but we know that we
- What are some og the mental health discriminations? We should look in the city charter if there are any specifics
- Lynn Castro and Ixya Vega will be working on Survey- questions, outreach, what this could look like in practice

NEW BUSINESS:

. Policy from the state legislature

- Mask mandates: many of the schools and the federal government want to stop schools and cities from being able to implement mask mandates. While folks don't want to wear masks, what can we do to still promote health and distance even in these times when folks are done with masks

Selecting a regular meeting time

- we will stick with the first Thursday of the month for the meeting. If a meeting needs to be changed we will discuss as a group with enough time

ADJOURNMENT:

Meeting adjourned: 8:10 PM

Next meeting: February 3, 2022, via Zoom