

AGENDA

HEALTH & WELLNESS COMMISSION

Council Chambers-City Hall

April 18, 2019

7:30 pm

Mission Statement

The Health and Wellness Commission strives to advance a culture of wellbeing and vibrant quality of life in Morgantown, West Virginia.

Vision Statement

Morgantown is a place where West Virginians work together to achieve optimal wellbeing for all.

1. **Call to Order**
2. **Approval of Minutes: March 7, 2019**
3. **HWC Memberships**
 - a. Three 3-year terms January 1, 2018-December 31, 2020
 - i. Colleen Harshbarger
 - ii. Meghan Kline
 - iii. ~~Lauri Andress~~, replaced by Kimberly Kelly March 2019
 - b. Three 2-year terms January 1, 2018-December 31, 2019
 - i. David Loomis
 - ii. ~~Christine Wallace~~, looking for replacement
 - iii. Ryan Wallace (City Council Representative)
 - c. Three 1-year terms
 - i. Dan Shook
 - ii. Patrick Hathaway (BOPARC Representative)
 - iii. ~~Abigail Riggs~~, replaced by Hannah Keyser April 2019
 - d. Officers to be voted on at our July meeting
4. **Discuss Commitment to Strategic Plan**
 - a. On 11/1/18 our strategic plan was finalized
 - b. Areas of focus agreed upon are: obesity, substance misuse, mental health, and STI's
 - c. Identified our top priority and a starting point, agreed to the following:
 - i. Create a website: tasks broken down into: Framework, Logo, Calendar and Events, Date and Metrics
 - ii. Create a multimedia campaign to develop brand awareness and target specific health behaviors
 - iii. Request money from city for website and radio ad campaign-secured \$10,000 to do so
 - d. Problem: This project will require more work, outside of our monthly meetings. We established work groups to delegate tasks, and move this

project forward. For the most part, work is not being completed.

- e. Solutions:
 - i. Do we want to stay with this plan?
 - ii. What do we, collectively, want the HWC role to be?
 - iii. What are we willing to commit to this project?
- 5. Budget**
 - a. Do we need a treasurer?
- 6. Blue Zones Update**
- 7. Clean Up Day**
- 8. Kids Day**
- 9. Meeting Days for upcoming meetings**
- 10. Adjournment:** Next meeting: 5/2/19