

**Health and Wellness Meeting
Thursday September 5, 2019
Council Chambers at 7:00pm**

PRESENT: Colleen Harshbarger, Olivia Pape, Hannah Keyser, Kimberly Kelly, David Loomis
Absent: Ryan Lewis, BoParc Representative, Jenny Selin

The meeting was called to order at 7:06 pm.

APPROVAL OF MINUTES:

Motion to amend minutes from 8/1/19
Minutes from 8/1/19 were approved with changes

PUBLIC PORTION:

- A. Presentation by director of SPARK Imagination Center, Julie Bryan
 - a. SPARK encourages learning through play, growing through play, and provides an opportunity for children and their adults to be together
 - b. WIC and EBT families have free admission
 - c. Museum is looking for a bigger space to move into and expanded hours
 - d. Possible opportunity for HWC to partner with museum and sponsor an event about health

UNFINISHED BUSINESS:

- A. Blue Zones
 - a. Highmark is interested in meeting for discussion of Blue Zones

NEW BUSINESS:

- A. Naming for HWC
 - a. All in agreement to go with Live Well Morgantown
- B. Website/ Developer
 - a. All in agreement to go with Mind Merge
- C. Subcommittees
 - a. Social/Website
 - b. Organizational Partnering
 - c. Community Engagement/ Events/Outreach
- D. Lungevity Event September 29, 2019
 - a. All in agreement to support event; giving sunscreen, teaching breathing exercises

OLD BUSINESS:

- A. A. Gratitude's and planning day discussed

ACTION ITEMS:

- A. Next meeting 10/3/19 at 7:00pm

ADJOURNMENT: There being no further business, meeting adjourned by unanimous consent. Time: 8:34 p.m.